



Registration

Cost of Camp: **\$375 per person**

Registration Deadline: **March 1, 2019**

Register Online: <http://metcamp.net>

We rely on annual financial support from grants and donations, so we can offer you a subsidized camper registration fee of \$375 per person. This cost includes room, board, and all sponsored group activities. A \$100 nonrefundable deposit is required to hold a place for each camper. This fee will be applied toward the total \$375 camper registration fee. Partial scholarships are available based on financial need. Payment plans and partial scholarships are available.

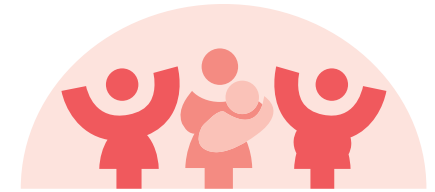
For more information, please contact:

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Department of
Human Genetics



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Metabolic Camp

A Holistic Approach to the
Management of PKU & MSUD



Celebrating 25 Years!

June 17-22, 2019

Emory University | Atlanta, GA
Rani H. Singh, PhD, RD, *Camp Director*

metcamp.net



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Human Genetics



Join the 25th Annual Metabolic Camp for summer fun, learning, and tools for managing PKU and MSUD!

About

Metabolic Camp offers a holistic approach to the nutrition management of PKU and MSUD—empowering females ages 12 and older to make healthy choices and take charge of their futures as they live, learn, and play in a supportive camp environment. Our model research-based camp, with a focus on Maternal PKU, has been supporting adolescent girls and young women for more than two decades.

Goals

1. To teach the **importance of nutrition** and help the campers develop diet self-management skills.
2. To review the **treatment recommendations of PKU and MSUD** prior to and during pregnancy.
3. To create a place to **share experiences and make new friends** with other young women who have PKU or MSUD.
4. To **research the impact of the above interventions** on the transition to adulthood, pregnancy, quality of life, and overall health outcomes.

Daily Activities

The camp program focuses on building social support through a variety of activities:

- Nutrition education
- Cooking classes
- Discussion groups
- Cooperative sports
- Local field trips
- And more!

The camp will be conducted for five consecutive days. Meals will be provided and supplemented with low-protein modified foods. Registered dietitians will be present to assist at all meals.

Exhibits

Campers and their families are invited to visit exhibits during check-in on Monday, June 17, 2019 at the ATO and MLAO Houses at Emory University. The exhibitors will be medical food companies, low-protein modified food companies, and patient support organizations. Families will enjoy a valuable opportunity to interact with the representatives and to learn more about the products and services offered by these groups.

Accommodations

Metabolic Camp 2019 will be held on the campus of Emory University. Lounge, refrigerator and laundry facilities will be available on site. All participants will be responsible for their own transportation to and from camp.

Faculty

There will be one medical faculty member and one assistant for every 5-7 campers. The faculty will be involved in helping campers with daily activities. In case of any medical emergency, we will use Children's Healthcare of Atlanta at Egleston or Emory University Hospital, where a medical geneticist is always on call.

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