



College of Arts & Science

University of Missouri-Columbia
Department of Psychological Sciences

Online Research Study: Sleep Behavior in PKU

You are invited to take part in an online/remote research study examining sleep behavior in adults with PKU. The research study is being conducted by Dr. Shawn Christ from the University of Missouri.

Who:

Adults (ages 18-40 years old) with PKU.

What:

Study participation is all online and can be done from any computer/tablet with a good internet connection. Participants will:

1. Talk with study personnel via phone and email
2. Answer questions about sleep and mood

How Long:

Total participation time is about 15-30 minutes total.

We offer flexible scheduling, including weekend and evening appointments.

Compensation:

You will receive a \$10 gift card for completing the research study.

Benefits:

You will make a contribution to our understanding of how sleep and associated functioning may be impacted in individuals with PKU.

How to participate:

If you would like to participate in this research study or if you have questions, please contact our study coordinator, Braden Hayse, by phone or email:

Phone: **(573) 884-8109**

Email: **hayseb@missouri.edu**

Thank you!

Shawn E. Christ, Ph.D.

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